



# Welcome

We are so pleased you have found your way to endota Wellness College. Get ready to embark on a journey of self discovery and be prepared to recalibrate your mind and body with a flexible and immersive educational experience that will forever change the way you think about health, beauty and wellness.

endota Wellness College is a Registered Training Organisation that offers an evolved collection of creative courses and nationally recognised training in beauty, makeup, massage and business.

Take control of your future and pursue a career with purpose and meaning. Join us at endota Wellness College as we continue to redefine, support and inspire the next generation of beauty therapists.

"Breathe in inspiration & trust yourself. The answer is 'yes you can'."

- Unknown

# Why choose us?

Beauty and wellness are among the fastest growing industries in the world. Time-poor, stressed-out lifestyles coupled with advancements in mind-body medicine have persuaded us to engage more fully in activities that promote wellness.

endota Wellness College is a Registered Training Organisation that offers nationally recognised training.

Our courses keep pace with fast-moving trends and advancements in both technique and technology. Our trainers and educators are connected industry leaders who want to work with passionate and empowered people willing to embrace change and experience an alternative and unconventional way to care for the people in their community.

Nourish your desire to keep learning while connecting with like-minded people.

Master skills and strategies to use in both your personal and professional life.

Learn how to limit stress, sleep well, promote glowing skin and foster better physical, emotional and spiritual wellness.

Gain the insight and practical expertise that is required to become a success in the beauty and wellness industries and acquire the confidence you need to follow your ambitions and make your entrepreneurial dreams a reality.





"Not all of us can do great things. But we can do small things with great love."

- Mother Teresa



# What makes us different?

#### Our Values

Our company values guide the way we work and highlight the responsibility we each have in bringing our values to life. Our overarching premise is that we are all connected – how we think and act is what we send out and what comes back to us.

#### Intent

We act with conviction and in line with our values – how we do it, is as important as what we do.

#### Connect

We work together to achieve our vision and goals.

#### Truth

We act with integrity and take responsibility for our actions. We support a 'no blame' culture, ownership of our mistakes and the opportunity to grow.

#### **Balance**

We value the wellbeing of our people and acknowledge that balance is subject to individual needs as we all have different priorities and different lives.



#### We nurture

When you join endota Wellness College you enter a community of like-minded people. You become part of a world that is collaborative, inclusive, creative, connected, productive and inspiring. We strive to do what we love and do it the best way possible.

endota Wellness College doesn't adopt a one-size-fits-all approach. We recognise that everyone is different and has individual learning needs. We work with each student to make sure your learning is meaningful and relevant to you.

We don't shy away from making mistakes. Correcting our mistakes is often the best way to learn. Our trainers will guide you every step of the way. They will draw from their experiences – good and bad – and help you develop your craft. At endota Wellness College a dedicated Student Liaison Manager is always available to help you navigate through your course.

#### We collaborate

At endota Wellness College we value our rich network of professional connections and encourage you to build your own.

We encourage cross-faculty communication and love watching our students interact and help each other creatively. We believe in students working together. As an endota Wellness College student you will work through industry-standard briefs in our student-run spa, mastering your art in a practical way by performing treatments both on each other and ordinary members of the public. You work with your peers while being mentored by our professional trainers.

The connections you make at endota Wellness College will lay the foundations of your future professional network.



### Our connections







Industry experience is everything. You can learn a lot in the classroom, but to become an expert in the beauty and wellness industries you need to have hands-on experience dealing with people in a 'real world' context. For this reason, every student at endota Wellness College is expected to complete a certain amount of 'in spa hours' as part of their training. Industry-guided practical experience gives you the skills and knowledge you need to become a success. Industry placements also build your confidence and give you a network of connections you can use to pursue your career goals immediately following graduation.

As a member of endota Wellness College you will become a part of the larger endota spa community and be able to gain access and information from a network of leading therapists and trainers throughout Australia. This large and reputable resource will not only provide further opportunity for you to learn from the country's top beauty and wellness professionals, but offer increased industry-led direction on the latest tools and techniques used to fulfil your art in practice. Most importantly you will be engaged and inspired by knowledgeable and influential people who can help guide and mentor you through your training.

The industry connections and reputation of endota spa in Australia means that countless, quality work experience opportunities will also be available to you.

Our makeup students have worked with Fashfest, the Zombie Walk, HerCanberra, Inner City Magazine, City News, HAUS Models, Canberra Centre, CIT, Floriade, National Gallery of Australia, Oh Happy Day, ANU stage productions, Tropfest Film Festival, Canberra Mustangs and FitSistas. Our beauty students have worked in many local salons and spas including Sibu, Brazillan Butterfly, Jindii EcoSpa, Elegance Beauty, Designer Beauty, Elements Face and Body, Soma Day Spa, and of course endota spa.

### Our reputation

Our reputation for producing highly-skilled beauty and wellness industry professionals is unparalleled in Australia. As the country's leading wellness provider, endota spa is a nationally recognised brand that brings its reputation for superior service and innovative treatments directly into the college. This direct link with industry brings endota Wellness College students incredible opportunities for both paid employment and industry placement within the endota spa network.

endota spa currently has over 100 spas nationwide, in nearly every state and territory, with the network growing all the time. Once you have completed your training you will not only be ideally suited to start work in one of endota spa's beautiful local locations, but you may also have the opportunity to travel to other destinations throughout Australia as you grow and expand your knowledge and your network of connections. With plans to expand internationally, the important link endota Wellness College has with the broader endota spa network should not be underestimated.

"Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement."

- Unknown

Beyond real employment and networking opportunities, endota Wellness College's relationship with leading day spa endota spa, means that the strong underlying philosophies and guiding principles that have made endota spa a success in Australia also form strong ethical and operational foundations for endota Wellness College.

endota spa is proud to be 100% founded by women and currently employs over 1000 people nationwide, 90% of them women.

Founding director and CEO Melanie Gleeson is an inspirational entrepreneur who started endota spa nearly 20 years ago simply to 'help women feel better'.









## Our people

Our educators are industry leaders. They don't just teach, they also do. We employ passionate people who are obsessed with their craft. Our trainers can tell you about the latest techniques, the newest products and exactly what is trending now. We love our trainers and our students do too.

Industry-led instruction and professional mentoring produces high-calibre graduates ready for employment. Our graduates are well-known and loved throughout industry. Some are employed locally while others find national or international roles. Many of our graduates go on to pursue their entrepreneurial goals running their own business or opening up private practice.

Success stories abound among our network of students and alumni making us proud of what we do and the high quality of education our trainers provide. Currently, over 95% of our beauty therapy students find industry employment, with most of those students commencing part-time work before they've finished their training.

The relationships we form with our students and alumni enrich the learning community and further enable us to provide training services that nurture and support the next generation of leading beauty therapists. Our students attest to the quality of instruction at endota Wellness College.

"My trainer has inspired me by showing me to constantly be my best. She brings a happy and warming sense to my learning environment to be the best possible. She is constantly helping us girls to make the best of ourselves and inspiring us with her constant talents and inspiring words and stories. I cannot thank her enough."

- Teegan Carn Graduate 2015

"I've learnt so many new skills that I never knew I would learn, including self confidence. All the trainers are beautiful and full of so much knowledge and talent! I will never forget my experience here and I will be forever grateful for everything I have gained.. Thank you so much"

- Emily Agnew Graduate 2015



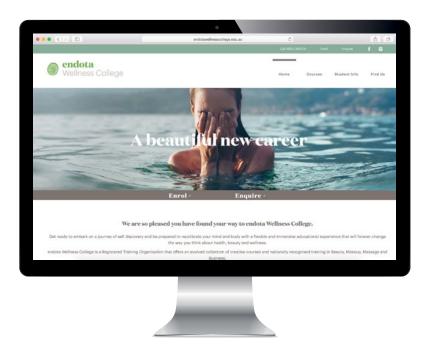
# Our technology

Technology at endota Wellness College is designed to inspire you, make your learning easier and give you an interactive and engaging approach to study.

In our classrooms Instagram, Facebook and Pinterest are accessed daily. With over 48 boards on our Pinterest page, you will never be left searching for ideas or inspiration.

The technology we use at endota Wellness College is guided by industry and the latest educational trends. Our team of professional instructors make sure you have access to the latest learning tools and techniques. Blog posts, forum discussions, eBooks, digital checklists, videos, online quizzes, remote assessment upload and 24/7 resource access are among the tools that you can use throughout your study at endota Wellness College.

We understand some people are better at working with technology than others so we're always here to help, support and guide you through how things work.



"Nothing can dim the light that shines from within."

- Maya Angelou









## A new era in beauty

Today's beauty therapists offer their customers more than meets the eye. Beauty services help promote personal wellness and provide the opportunity to escape for mindful contemplation. At endota Wellness College we recognise the extraordinary power of self-care in our beauty acumen and understand how important feeling good on the inside is to looking good on the outside.

There is an ever-increasing national demand for professionally educated and accomplished beauty therapists. Our immersive and flexible study options combine practical in spa experience with classroom-based skill development. Working alongside industry professionals our beauty programs produce competent, confident graduates who succeed with the knowledge that true beauty is best defined by our own personal wellness.

"Beauty begins the moment you decide to be yourself."

- Coco Chanel

### SHB50115 Diploma of Beauty Therapy

To achieve the Diploma of Beauty Therapy, a total of 25 units of competency must be completed. These consist of 13 core units and 12 elective units, including at least 8 specialist electives. A comprehensive list of the units of competency can be found on our website. endota Wellness College has a selection of specialist units including advanced facials, Brazilian waxing and massage, reflexology and Indian scalp massage. Our student-run spa gives you the opportunity to gain vital practical experience alongside your theoretical classroom knowledge making you jobready upon graduation.

#### Duration

2 evenings per week for a period of 18 months plus additional online learning hours or 4 days per week for a period of 12 months, plus 'in spa' hours. 76 hours of work experience is also expected to be completed.

#### Cost

Our schedule of tuition fees is published on our website. This program is VET
Student Loans approved. Payment plans are available that allow you to pay your tuition fees in instalments and by specified due dates. This training is delivered with Victorian and Commonwealth Government funding. Eligibility criteria apply. The student tuition fees as published are subject to change given individual circumstances at enrolment.

#### Intake

SHB50115 Diploma of Beauty Therapy has two intakes per course per year. Both daytime and evening programs are available.

#### Student-run spa

endota Wellness College operates a student-run spa on a not-for-profit basis. This spa is designed to enable students to gain valuable work experience treating clients in a professional work environment, while being guided and supervised by a professional educator. There's no better way to develop your confidence and reinforce your new skills.

#### **Pre-requisites**

Students will need to demonstrate that they hold the level of language, learning and numeracy competency suitable to this course.

#### Curriculum includes

ManicureIntimate WaxingPedicureBody TreatmentsNail ScienceElectrical TreatmentsSkin ScienceReflexology

Waxing Indian Scalp Massage
Tinting Cosmetic Tanning

Facials Nail Art Massage Nutrition

Aromatherapy Microdermabrasion

Anatomy & Physiology Makeup Application & Design



# Nurturing massage

Healthcare, wellness and beauty are among the fastest growing industries in the world. Mind-body medicine has inspired more people to become aware of how their thoughts affect both their physical and mental health persuading them to adopt lifestyles that promote wellness.

A massage treatment is not a treat, but an opportunity to disconnect, breathe deeply and find the space to become more mindful. Well-trained therapists are highly sought after and at endota Wellness College a direct, immersive and collaborative approach with industry produces skilled remedial massage therapists that are employed across a broad range of fields. These include private practice, aged care facilities, wellness resorts, sporting organisations, salons and spas.

"Begin to act the part of the person you would like to become."

- John C Maxwell

### HLT52015 Diploma of Remedial Massage

To achieve the Diploma of Remedial Massage, a total of 21 units of competency must be completed. This consists of 16 core units and 5 elective units. A comprehensive list of the units of competency can be found on our website.

#### **Duration**

Delivered over a 12 - 18 month period through a combination of face-to-face and online learning. Duration may vary depending upon the individual cohort and workplace training arrangements.

#### Cost

Our schedule of tuition fees is published on our website. This program is VET

Student Loans approved. Payment plans are available that allow you to pay your tuition fees in instalments and by specified due dates. This training is delivered with Victorian and Commonwealth Government funding. Eligibility criteria apply. The student tuition fees as published are subject to change given individual circumstances at enrolment.

#### Intake

HLT52015 Diploma of Remedial Massage has two intakes per year. Both daytime and evening programs are available.

#### Student Clinic

Students participating in this diploma program must also complete a minimum 200 hours of clinical practice, providing remedial massage services to clients. At least 150 of these hours must be in our endota Wellness College student-run spa and supervised by an assessor.

#### **Pre-requisites**

Students will need to demonstrate a level of language, learning and numeracy competency suitable to this course. They must also obtain a current police check.

#### Curriculum includes

Massage Practice
Safety + Hygiene
First Aid
Physical Health Status
Legislation + Ethics
Diversity
Client Treatment
Reflexology
Aromatherapy
Professional Practice
Health Professionals
Client Health Information
Business Planning





### Care management

More people than ever before are finding benefit in a spa experience. Taking time to care for ourselves in this way is not an indulgence but a necessary way to limit stress and find balance. The wellness industry today is experiencing unprecedented growth. Owning your own spa or learning how to manage one offers a rewarding career alternative and an exciting way to care for the people in your community.

Our endota Wellness College SHB50216
Diploma of Salon Management prepares
students to adequately gain the skills they
need to become spa managers in a flexible
and creative work environment. Our strong
links to industry and direct connections
with local spas means our students benefit
from practical work experience and
employment opportunities.

"Inhale confidence.
Exhale doubt."

### SHB50216 Diploma of Salon Management

Spa managers are responsible for coordinating the day-to-day operation of the business and for planning, monitoring and evaluating the work of the team.

The modern spa manager needs well-developed managerial skills, especially in the areas of small business finance, marketing and merchandising. Additionally, the competitive employment environment means spa managers need a good understanding of modern human resource practises.

To achieve the SHB50216 Diploma of Salon Management, a total of 10 units of competency must be completed. This consists of 7 core units and 3 elective units. A comprehensive list of the units of competency can be found on our website.

#### Duration

This program is delivered over 12 - 24 months in a blended learning format or a combination of face-to-face and online learning. Duration may vary depending upon the individual cohort and workplace training arrangements.

#### Cost

Our schedule of tuition fees is published on our website. This program is VET
Student Loans approved. Payment plans are available that allow you to pay your tuition fees in instalments and by specified due dates. This training is delivered with Victorian and Commonwealth
Government funding. Eligibility criteria

apply. The student tuition fees as published are subject to change given individual circumstances at enrolment.

#### Intake

SHB50216 Diploma of Salon Management has two intakes per year. Both daytime and evening programs are available.

#### **Pre-requisites**

Students will need to demonstrate that they hold a level of language, learning and numeracy competency suitable to this course.

#### Curriculum includes

HR

Salon Leadership
Working Sustainably
Salon Marketing
Workplace Learning
Salon Finance
Salon Health + Safety





"The secret of getting ahead is getting started."

- Agatha Christie

### VET Student Loans

VET Student Loans program is an Australian Government income contingent loan program that assists eligible students undertaking approved courses at Diploma level or above, to pay for all or part of their tuition fees. endota Wellness College is an approved provider of VET Student Loans. endota Wellness College approved courses are:

- SHB50115 Diploma of Beauty Therapy
- HLT52015 Diploma of Remedial Massage
- SHB50216 Diploma of Salon Management

#### Am I eligible for VET Student Loans?

Only eligible students will be approved for VET Student Loans. You are eligible for VET Student Loans if you:

- Are an Australian citizen or permanent humanitarian visa holder (resident in Australia for the duration of the unit); or are a qualifying New Zealand citizen AND
- Are a full fee paying/fee for service or Government subsidised student studying a diploma, advanced diploma, graduate certificate or graduate diploma level course at an approved VET Student Loans provider; AND
- Have not exceeded the FEE-HELP limit (see below); AND meet the tax file number (TFN) requirements: OR if you don't have a TFN you can give your provider a Certificate of Application for a TFN. This certificate is available from the Australian Taxation Office after you have applied for a TFN; AND
- Provide a copy of your Senior Secondary School Certificate (Year 12 Certificate) or display competence in numeracy and reading at the Australian Core Skills Framework (ACSF) exit level 3. If you have previously completed an AQF level 4 qualification or higher you may provide a copy of your Certificate in place of a Year 12 Certificate.

Students repay their loan to the Australian Government through the tax system once a student earns the minimum threshold level for repayment, which is \$51,957 for the 2018-19 income year. A VET Student Loan remains a personal debt obligation until it is repaid to the Commonwealth. It may reduce your take-home (net) wage or salary until the debt is repaid. It may also affect your borrowing capacity until the debt is repaid to the commonwealth. For more information about VET Student Loans please see the Australian Government's **Department of Education and Training website** or the **VET Student Loans Information Booklet**.

#### **Recognition of Prior Learning**

Previous work experience or training courses may enable us to deem you competent in certain areas, which will allow exemption from some modules. This process is referred to as 'Recognition of Prior Learning' (RPL). As a Registered Training Organisation, delivering nationally recognised training, endota Wellness College can assist you with this process. Please contact a course advisor to request an application form. Application for RPL must occur prior to course commencement.







"The distance between your dreams & reality is called action."

- Unknown

# How do I apply?

#### STEP 1

A personal interview will be arranged with the endota Wellness College Student Liaison Manager. During this interview, we will discuss the course content, fees, provide you with our Student Handbook and answer any questions you may have. Your suitability for the course of choice will also be assessed. If you are enrolling in a diploma level program, you will be required to provide a copy of your Senior Secondary School Certificate (Year 12 Certificate), a completed AQF level 4 or higher qualification, or display your competence in numeracy and reading at the Australian Core Skills Framework (ACSF) exit level 3.

#### STEP 2

We will provide information about the payment options available to you, which include VET Student Loans if you are enrolling in an approved course. An application, called an electronic Commonwealth Assistance Form (eCAF) for VET Student Loans will be emailed to you no sooner than two business days after you have enrolled. You will need to confirm the details of the eCAF by reviewing/updating any personal details and submitting to the Department of Education.

#### STEP 3

If you are deemed suitable for your course of choice and fulfil the entry requirements you will receive a course offer in writing. endota Wellness College 'Student Admission Procedures for Approved Courses' can be accessed on our website.

### Find us

#### VIC

endota Wellness College District Docklands Shopping Centre Level 1, Shop F01 Wharf St Docklands VIC 3008

endotawellnesscollege.edu.au/docklands-campus/





#### NSW

endota Wellness College Level 3, Suite 3.10 100 Collins Street Alexandria NSW 2015

endotawellnesscollege.edu.au/alexandria-campus/

Tel: 1800 ENDOTA
E: hello@endota.edu.au
endotawellnesscollege.edu.au
National provider number: RTO 88123

#### **Opening Hours**

Monday - Friday 9.00am - 5.00pm Monday - Thursday 6.00pm - 9.15pm (classes only)

#### QLD

endota Wellness College 3/22 Doggett Street Fortitude Valley QLD 4006

endotawellnesscollege.edu.au/ fortitude-valley-campus/

